# momentum

medical scheme

# **Option Selection Form**

#### Important notes:

- You only need to complete this form if you want to change your current option and/or choice of provider. Please make sure that all the selections for your chosen option are completed. Incomplete information will cause a delay in the processing of your option change.
- If your employer pays your contributions, please submit the fully completed form to your HR or Payroll department.
- If you are an individual member, please send the fully completed form to the Momentum Medical Scheme membership department via email at mhmembership@momentum.co.za.
- Please make sure that this form reaches Momentum Medical Scheme by **no later than 30 November 2023.** The requested changes will be effective from 1 January 2024.
- Please note that Momentum Medical Scheme's 2024 benefits and contributions amendments, including the new Fusion Option, have been submitted to
  the Council for Medical Schemes, and the Scheme awaits approval by the Registrar. Therefore, the proposed changes are subject to such approval by the
  Registrar.

## Member details

Member number			Employee number	
Title	Initial/s	Surname		
ID number			Cellphone number	
Email				
Option choice				
Ingwe Option	Hospital provider		Chronic and Day-to-day provider	
	State hospitals		Ingwe Primary Care Network provider	
	Ingwe Network		Ingwe Primary Care Network provider	
	Any hospital		Ingwe Active Network provider	
Income	R16 101+ R11 326 - R16 1	00	R8 551 - R11 325	≤ R875
	*If less than R16 101, please complete the Decla	aration of Inco	ome	
GP's practice number				
GP's name				
Fusion Option	Hospital provider Fusion Network		Chronic provider State	
Income	R22 201+ R16 101 - R22 2	00	R11 326 - R16 100 R8 551 - R11 3	825 ≤ R8 550
	*If less than R22 201, please complete the Decla	aration of Inco	ome	
Evolve Option	Hospital provider Evolve Network		Chronic provider State	
Custom Option	Hospital provider		Chronic provider	
	Any hospital		Any State	
	Associated hospitals		Associated GP and Courier Pharmacies	
Incentive Option	Hospital provider		Chronic provider	Savings: 10%
	Any hospital		Any State	
	Associated hospitals		Associated GP and Courier Pharmacies	
Extender Option	Hospital provider		Chronic provider	Savings: 25%
	Any hospital		Any State	
	Associated hospitals		Associated GP and Courier Pharmacies	
How would you like us to	pay your day-to-day claims?			
	At the claims accumulation rate		At up to 200% of the Momentum Medical Sch	neme Rate
Summit Option	Hospital provider Any		Chronic and Day-to-day provider Freedom	-of-choice

## Declaration

I confirm that I understand the benefits offered under the option I have selected and agree to be bound by the Scheme Rules applicable thereto. I agree to pay the relevant contribution according to the option and providers I have selected.

Employer approval	(to be completed if your employer	pays your contributions)
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Name	
Designation	
Signature of authorised person	Date D D M M Y Y Y
Employersteme	
Employer stamp	

Momentum Medical Scheme 201 uMhlanga Ridge Boulevard Cornubia 4339 PO Box 2338 Durban 4000 South Africa Client Service and Authorisation 0860 11 78 59 member@momentumhealth.co.za momentummedicalscheme.co.za Registered in terms of the Medical Scheme Act No 131 of 1998

# momentum

medical scheme

# Declaration of income

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Please submit the completed form and supporting documents to us via email at mhmembership@momentum.co.za.

Please note that Momentum Medical Scheme's 2024 benefits and contributions amendments, including the new Fusion Option, have been submitted to the Council for Medical Schemes, and the Scheme awaits approval by the Registrar. Therefore, the proposed changes are subject to such approval by the Registrar.

#### Important information:

On the Ingwe and Fusion Options, the higher of your or your spouse/partner's gross income, if he/she is included on your membership, is used to calculate the contributions you pay.

You only need to complete this form:

- if you are a member of the Ingwe Option; or
- if you wish to join the Ingwe Option or Fusion Option, and
- your income, or your spouse or partner's income if he/she is included on your membership, is less than:
- R16 101 per month for the Ingwe Option, or
- R22 201 per month for the Fusion Option.

If your income changes while you are a member of Momentum Medical Scheme, you need to let us know within 30 days by emailing us at mhmembership@momentum.co.za.

To calculate your contributions, we define income as the higher of the total amount received by or accrued to, or deemed to have been received by or accrued to you, your spouse or partner (if he/she is included on your membership). Income includes, but is not limited to, the following:

- the average of the past twelve months' salary, commission or rewards arising from employment or self-employment (whether this employment is in the formal or informal sector);
- any amounts arising from the provision of services and/or goods, such as part-time or contract work, freelancing or temporary employment;
- all interest and dividend income;
- any amounts arising from leasing of assets or property;
- · any payments received from a pension fund, provident fund, retirement annuity or annuity;
- any distributions received from a discretionary or vested trusts;
- any amounts received from a social assistance programme, such as old age pension or disability grants;
- all other income received.

### 1: Proof of income

Please provide us with the following documents as proof of income. Please note that the documents are required for you and your spouse or partner, if he/she is included on your membership.

- If you are employed, copies of your latest payslip or IRP5 certificate. If you earn a variable income, copies of your last 3 months' payslips.
- If you earn income from the provision of services and/or goods, copies of your last 3 months' statements for all your bank accounts, as well as an affidavit confirming your employment status and that these are your only bank accounts.
- If you are self-employed, copies of the latest audited financial statements of your company and the last 3 months' statements of all of your and your company's bank accounts, as well as an affidavit confirming you are self-employed and that these are your and your company's only bank accounts.
- If you are unemployed, proof of your UIF registration, copies of your last 3 months' statements for all your bank accounts, as well as an affidavit
  confirming that you are unemployed and that these are your only bank accounts.
- If you are a student, proof of your full time studies at a registered academic institution.
- If you are a pensioner, proof of annuity or pension income (a letter from SASSA will be accepted) and copies of your last 3 months' statements for all your bank accounts, as well as an affidavit confirming that you are a pensioner and these are your only bank accounts.

### 2: Details of income

Please confirm the gross monthly income.

Please provide a Rand amount for each category. If not applicable, please use R0.

	Principal member	Spouse or partner
Salary or wages	R	R
Commission and other monetary rewards, such as incentives, overtime and allowances	R	R
Income from provision of services and/or goods	R	R
Income from investments, including interest and dividends	R	R
Income from leasing of assets or property	R	R
Income from trust/s	R	R

2024

#### 2: Details of income (continued)

vidont fi .... Income from pension for annuities and/or annu

annuities and/or annuities	R	R
Social assistance allowance, such as old age pension or disability grants Other income - please provide a short description	R	R
Total gross monthly income	R	R
Income tax reference number <sup>1</sup>		
Date of last tax return submitted	D D M M Y Y Y	D D M M Y Y Y
<sup>1</sup> Please provide proof of your income tax reference number.		

Spouse or partner

#### 3: Declaration

I confirm that all the information supplied here is true and correct.

I understand that should I make a false declaration, and/or omit or withhold information, this would constitute fraud and will lead to termination of my Momentum Medical Scheme membership. Criminal charges may be brought against me.

Principal member

By signing this form, I give Momentum Medical Scheme permission to verify my income using all relevant sources, such as credit bureaus.

Signature of principal member	
Signature of spouse or partner (if he/she is included on this membership)	Date D D M M Y Y Y Y
Signature of parent or legal guardian (if the principal member is a minor)	Date D D M M Y Y Y

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