Med**Add**

The flexibility of a 15% savings account, additional insured cover once you've depleted your savings, cover for dental and eye care, as well as pregnancy benefits make this a popular choice for young families. Pay less for MedAdd Elect, the network alternative of this plan.

From R2 676 per month



Reasons to choose Medihelp

Experienced

We've stood the test of time for over a century.

Involved

As a self-administered scheme, we are personally involved and manage your membership with great care.

Trusted

		cover that adds up
Day-to-day -	•	- A 15% savings account is available at the beginning of each year
benefits		 Insured benefits become available once you've depleted your savings
	•	- Dental and optical benefits
	•	 A care extender benefit
Added insured	•	 Additional comprehensive maternity and baby benefits
benefits .	•	 Cover for health tests, vaccinations, and screenings
	 Contraceptive benefits 	
		All the essentials you need
	•	 Cover for quality private hospitalisation with no overall annual limit
Core benefits		 Full trauma and emergency medical cover
		 Full cover for 271 PMB conditions and PMB chronic medicine
		Family contributions
Contributions	0	 Pay less when you choose MedAdd Elect, the network alternative of this plan
	•	 You pay for only two children younger than 18, and you pay child dependant rates until they turn 26
	•	 Unused savings carry over to the next year

			1
		MedAdd Elect	MedAdd
Main member	$\stackrel{O}{\leftarrow}$	R2 676 (R402 savings contribution included per month and R4 824 per year)	R3 354 (R504 savings contribution included per month and R6 048 per year)
Dependant	\circ	R2 100 (R312 savings contribution included per month and R3 744 per year)	R2 832 (R426 savings contribution included per month and R5 112 per year)
Child dependant <26 years	0	R930 (R138 savings contribution included per month and R1 656 per year)	R1 134 (R168 savings contribution included per month and R2 016 per year)

Pay for only 2 children under the age of 18 and pay child dependant rates until they turn 26

Core benefits

In-hospital treatment and life-essential services (insured benefits)

Hospitalisation	No overall annual limit MedAdd: Any private hospital, and day procedure facilities apply for certain day procedures MedAdd Elect: Network hospitals, and day procedure network applies to certain day procedures
Trauma that necessitates hospitalisation	Unlimited
Childbirth	In hospital – unlimitedHome delivery – R15 600 per event
Specialised radiology	Angiography, MRI, and CT imaging – unlimited
Post-hospital care for speech therapy, occupational therapy, and physiotherapy	R2 200 per member, and R3 150 per family
Emergency transport (Netcare 911)	 In country of residence Unlimited (RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia, and Botswana) Outside country of residence R2 400 for road transport and R16 100 for air transport
Treatment of life-threatening conditions	Unlimited Includes 271 PMB and 26 Chronic Diseases List (CDL) conditions
PMB medicine	Unlimited
Cancer treatment	 PMB - unlimited Non-PMB - R275 100 per family
Mental health (psychiatric treatment)	R28 900 per person to a maximum of R39 900 per family
Health-essential functional prostheses	 R73 800 per person Intra-ocular lenses - R4 900 per lens, two lenses per person Hip, knee and shoulder replacement - non-PMB cases are limited to replacements caused by an acute injury
Other prostheses	 EVARS prosthesis - R155 600 per person Vascular/cardiac prosthesis - R66 500 per person Prosthesis with reconstructive or restorative surgery
Organ transplants	PMB – unlimited Cornea implants – R34 200 per implant
Palliative care	R25 200 per family per year
Other core benefits	Including renal dialysis, oxygen, hospice, subacute care, and private nursing services as an alternative to hospitalisation

Important

This is only a summary of the available benefits and co-payments that may apply to certain benefits. Please consult the registered Rules of Medihelp and your plan's brochure for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care.

Day-to-day benefits

	15% savings available at the beginning of the year (see monthly contributions) Example of available savings: MedAdd:	
	Member = R6 048 per year Member + dependant = R11 160 per year Member + dependant + child = R13 176 per year	
Savings account	MedAdd Elect: Member = R4 824 per year Member + dependant = R8 568 per year Member + dependant + child = R10 224 per year	
	Unused savings are carried over to the next year and accumulate interest. Once you've depleted your savings, insured day-to-day benefits become available.	
GP and specialist visits, virtual consultations, physiotherapy, acute medicine, self-medication, and visits to emergency units	Paid from savings first Member = R1 450 per year Family = R2 800 per year MedAdd Elect: GP network and specialist referrals by a network GP apply	
Radiography	R1 250 per family	
Dentistry (DRC network)	 Conservative dental benefits for children <18 years Removal of impacted teeth in the dentist's chair 	
Optometry(PPN network)	Per person per 24-month cycle • Eye test • R300 for a frame/lens enhancements • R690 for contact lenses	
Care extender benefit		
One additional GP consultation	Activates for the family once we've paid the first claim for a specified health test* from your added insured benefits	
R490 for self-medication dispensed at a network pharmacy	Activates for the family once we've paid the first claim for a combo health screening** from your added insured benefits	

Added insured benefits

Medihelp provides these benefits on top of your insured day-to-day benefits. You can activate them when you register on HealthPrint, Medihelp's free wellness programme for members, on the Member Zone. Your health screening results from Dis-Chem or Clicks will automatically upload to your health record on HealthPrint.

Contraceptives	 Oral/injectable/implantable contraceptives - R160 per month, up to R2 100 per year Intra-uterine device - R2 500 every 60 months 	
Maternity benefits	 Ten antenatal and postnatal consultations at a midwife/GP/gynaecologist Two antenatal and postnatal consultations at a dietician/lactation specialist/antenatal classes Two 2D ultrasound scans 	
Babies <2 years	Two consultations at a paediatrician/GP/ear, nose, and throat specialist	
Child immunisation	Standard immunisation up to seven years	
Health screenings	 One combo health screening (blood glucose, cholesterol, BMI, and blood pressure measurement)* or an individual test (blood glucose or cholesterol) HIV testing, counselling, and support 	
Preventive care benefits	 A tetanus vaccine A flu vaccine A mammogram* every two years A Pap smear* every three years A prostate test* A Pneumovax vaccine An FOBT test* A bone mineral density test* every two years Two HPV vaccinations for girls and boys between 10-14 years or three between 15-26 years 	
Supporting wellness	 Back treatment at a Documentation Based Care facility (a prerequisite for spinal column surgery) One dietician consultation if BMI is > 30 HIV programme Cancer programme 	

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Medihelp is an authorised financial services provider (FSP No 15738)

.⊰, Med**Elect**

MedElect's quality networks enable comprehensive care in and out of hospital at an affordable contribution.

From R2 820 per month



Reasons to choose Medihelp

Experienced

We've stood the test of time for over a century.

Involved

As a self-administered scheme, we are personally involved and manage your membership with great care.

Trusted

Day-to-day benefits	 Insured day-to-day benefits through a quality network Network GPs and virtual consultations Provision for out-of-network GP visits Medicine benefits Physiotherapy and occupational therapy Dental and eye care
Added insured benefits	 Activate benefits for an additional GP visit and R490 for self-medication after completing health tests and screenings Additional comprehensive maternity and baby benefits Cover for health tests, vaccinations, and screenings
Core benefits	Extensive in-hospital cover Cover for quality network private hospitalisation with no overall annual limit Post-hospital benefit to help you recover after hospitalisation Full trauma and emergency medical cover Full cover for 271 PMB conditions and PMB chronic medicine Specialised radiology benefit
Contributions	• Affordable contributions for comprehensive network cover

		Monthly income
		R801+
Main member	$\stackrel{O}{\leftarrow}$	R2 820
Dependant	$\stackrel{O}{\frown}$	R2 208
Child dependant <21 years	0	R912

Children pay child dependant rates until they turn 21

Day-to-day benefits

Specialist consultations and services, standard radiology, pathology (Ampath, Lancet, and PathCare Vermaak), acute medicine and clinical psychology services	Day-to-day benefit Member = R3 300 Member + 1 = R5 850 Member + 2 = R6 700 Member + 3 = R7 100 Member + 4+ = R7 750
Self-medication (non-prescribed medicine)	Subject to day-to-day benefit Member = R580 Family = R1700
Network GP consultations	Member = R2 200 Member + 1 = R4 050 Member + 2 = R4 750 Member + 3 = R5 100 Member + 4+ = R5 700
Non-network GP consultations	Member = R1 350 Family = R2 700
Medical appliances	R1 100 per family
Physiotherapy and occupational therapy (in and out of hospital)	Member = R2 400 Family = R3 750
Radiography	R1 250 per family
Dentistry (DRC network)	Routine check-ups, fillings, X-rays, oral hygiene, and removal of impacted wisdom teeth
Optometry (PPN network)	Per person per 24-month cycle • Eye test • R595 for a frame/lens enhancements • R800 for contact lenses
Care extender benefit	
One additional GP consultation	Activates for the family once we've paid the first claim for a specified health test* from your added insured benefits
R490 for self-medication dispensed at a network pharmacy	Activates for the family once we've paid the first claim for a combo health screening** from your added insured benefits

Important

This is only a summary of the available benefits and co-payments that may apply to certain benefits. Please consult the registered Rules of Medihelp and your plan's brochure for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care.

Added insured benefits

Medihelp provides these benefits on top of your insured day-to-day benefits. You can activate them when you register on HealthPrint, Medihelp's free wellness programme for members, on the Member Zone. Your health screening results from Dis-Chem or Clicks will automatically upload to your health record on HealthPrint.

Maternity benefits	 Ten antenatal and postnatal consultations at a midwife/GP/gynaecologist Two antenatal and postnatal consultations at a dietician/lactation specialist/antenatal classes Two 2D ultrasound scans
Babies <2 years	Two consultations at a paediatrician/GP/ear, nose, and throat specialist
Child immunisation	Standard immunisation up to seven years
Health screenings	 One combo health screening (blood glucose, cholesterol, BMI, and blood pressure measurement)** or an individual test (blood glucose or cholesterol) HIV testing, counselling, and support
Preventive care benefits	 A tetanus vaccine A flu vaccine A mammogram* every two years A Pap smear* every three years A prostate test* A Pneumovax vaccine An FOBT test* A bone mineral density test* every two years Two HPV vaccinations for girls and boys between 10-14 years or three between 15-26 years
Contraceptives	 Oral/injectable/implantable contraceptives - R150 per month, up to R2 000 per year Intra-uterine device - R2 300 every 60 months
Supporting wellness	 Back treatment at a Documentation Based Care facility (a prerequisite for spinal column surgery) One dietician consultation if BMI is >30

Core benefits

In-hospital treatment	and life-essential	services(insured benefits)
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Hospitalisation	No overall annual limit Network hospitals Day procedure network applies for certain day procedures		
Trauma that necessitates hospitalisation	Unlimited		
Childbirth	 In hospital - unlimited Home delivery - R15 600 per event 		
Standard radiology	Unlimited during hospitalisation		
Specialised radiology	Angiography, MRI, and CT imaging – unlimited		
Post-hospital care for speech therapy, occupational therapy, and physiotherapy	R2 200 per member and R3 150 per family		
Emergency transport (Netcare 911)	 In country of residence Unlimited (RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia, and Botswana) Outside country of residence R2 400 for road transport and R16 100 for air transport per case 		
Treatment of life-threatening conditions	Unlimited Includes 271 PMB and 26 Chronic Diseases List (CDL) conditions		
PMB medicine	Unlimited		
Cancer treatment	 PMB - unlimited Non-PMB - R242 500 per family 		
Mental health (psychiatric treatment)	R22 900 per person to a maximum of R34 700 per family		
Internally implanted prostheses	PMB only – unlimited		
Organ transplants	PMB only – unlimited Cornea implants – R34 200 per implant		
Palliative care	R20 700 per family		
Other core benefits	Including renal dialysis, prostatectomy, oxygen, hospice, subacute care, and private nursing services as an alternative to hospitalisation		



ଢ[ୁ] Med**Elite**

This all-inclusive plan is ideal for families and individuals with extensive healthcare needs.

From **R7 368** per month

Reasons to choose Medihelp

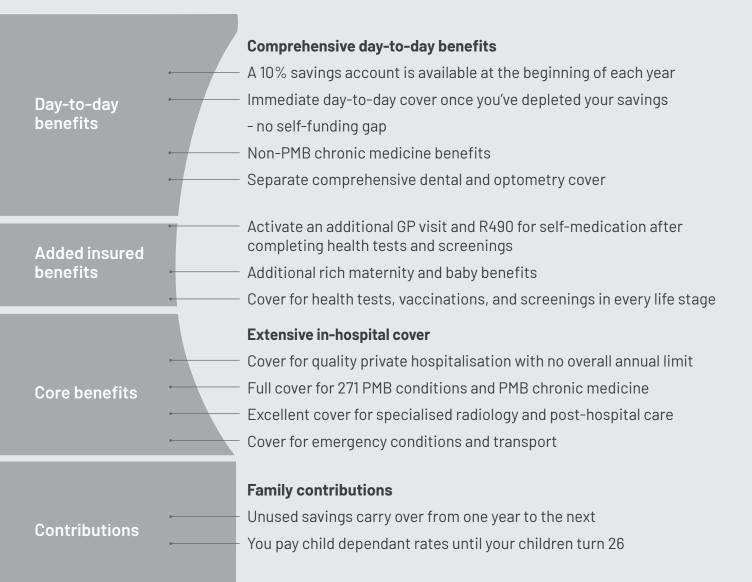
Experienced

We've stood the test of time for over a century.

Involved

As a self-administered scheme, we are personally involved and manage your membership with great care.

Trusted





Main member	$\stackrel{O}{\frown}$	R7 368 (R738 savings contribution included per month and R8 856 per year)
Dependant	\bigcirc	R6 900 (R690 savings contribution included per month and R8 280 per year)
Child dependant <26 years	\sim	R1 998 (R198 savings contribution included per month and R2 376 per year)

Children pay child dependant rates until they turn 26

Day-to-day benefits

Savings account	10% savings available at the beginning of the year (see monthly contributions): Example of available savings: Member = R8 856 per year Member + dependant = R17 136 per year Member + depandant + child = R19 512 per year Unused savings are carried over to the next year and accumulate interest. Once your savings are depleted, insured day-to-day benefits become available.
Insured day-to-day benefits (available	e after depletion of your savings)
Overall annual day-to-day benefit	Member = R13 900 Member +1 = R16 100 Member +2 = R18 400 Member +3+ = R20 700
GP and specialist visits, virtual consultations, physiotherapy, clinical psychology, psychiatric nursing, and supplementary health services	Member = R3 550 Member +1 = R4 600 Member +2 = R5 750 Member +3 = R6 900 Subject to annual day-to-day benefit
Medicine	
Acute medicine	Member = R4 600 Member +1 = R5 750 Member +2 = R6 900 Member +3+ = R8 050 Subject to annual day-to-day benefit
Non-PMB chronic medicine	Member = R5 450 Member +1 = R8 150 Member +2 = R10 900 Member +3+ = R11 700
Other day-to-day benefits	
External prostheses and medical	Per person per three-year cycle • Artificial eyes - R9 300 • Speech and hearing aids - R9 300 • Wheelchairs - R7 400 • Artificial limbs - R7 400
appliances	CPAP apparatus - R11 400 per person per two-year cycle
	Medical appliances and hyperbaric oxygen treatment – R1 750 per person
Optometry (PPN network)	Per person per 24-month cycle • Eye test • R1 080 for a frame/lens enhancements • R1 780 for contact lenses
Conservative dentistry (DRC network)	Routine check-ups, fillings, X-rays, and oral hygiene
Specialised dentistry (DRC network)	Crowns, bridges, and orthodontic treatment
Standard radiology	R3 300 per family Subject to annual day-to-day benefit
Pathology (Ampath, Lancet, and PathCare Vermaak)	R3 300 per family Subject to annual day-to-day benefit
Care extender benefit	
One additional GP consultation	Activates for the family once we've paid the first claim for a specified health test* from your added insured benefits
R490 for self-medication dispensed at a network pharmacy	Activates for the family once we've paid the first claim for a combo health screening** from your added insured benefits

Important This is only a summary of the available benefits and co-payments that may apply to certain benefits. Please consult the registered Rules of Medihelp and your plans brochure for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care.

Added insured benefits

Medihelp provides these benefits on top of your insured day-to-day benefits. You can activate them when you register on HealthPrint, Medihelp's free wellness programme for members, on the Member Zone. Your health screening results from Dis-Chem or Clicks will automatically upload to your health record on HealthPrint.

Maternity benefits	 Ten antenatal and postnatal consultations at a midwife/GP/ gynaecologist Two antenatal and postnatal consultations at a dietician/ lactation specialist/antenatal classes Two 2D ultrasound scans Nine months' antenatal iron supplements Nine months' antenatal folic acid supplements
Babies <2 years	Two consultations at a paediatrician/GP/ear, nose, and throat specialist
Child immunisation	Standard immunisation up to seven years
Health screening tests	 One combo health screening (blood glucose, cholesterol, BMI, and blood pressure measurement)** or an individual test (blood glucose or cholesterol) HIV testing, counselling, and support
Preventive care benefits	 A tetanus vaccine A flu vaccine A mammogram* every two years A Pap smear* every three years A prostate test* A Pneumovax vaccine An FOBT test* A bone mineral density test* every two years Two HPV vaccinations for girls and boys between 10-14 years or three between 15-26 years
Contraceptives	 Oral/injectable/implantable contraceptives - R178 per month, up to R2 300 per year Intra-uterine device - R2 700 every 60 months
Supporting wellness	 Back treatment at a Documentation Based Care facility (a prerequisite for spinal column surgery) One dietician consultation if BMI is >30

Core benefits

In-hospital treatment and life-essential services (insured benefits)

Hospitalisation	No overall annual limit Any private hospital, and day procedure facilities apply for certain day procedures
Refractive surgery	R22 800 per family (beneficiaries 18-50 years)
Trauma that necessitates hospitalisation	Unlimited
Childbirth	 In hospital - unlimited Home delivery - R15 600 per event
Specialised radiology	Angiography, MRI, and CT imaging – unlimited
Post-hospital care for speech therapy, occupational therapy, and physiotherapy	R2 200 per member and R3 150 per family
Emergency transport (Netcare 911)	 In country of residence Unlimited (RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia, and Botswana) Outside country of residence R2 400 for road transport and R16 100 for air transport
Treatment of life-threatening conditions	Unlimited Includes 271 PMB and 26 Chronic Diseases List (CDL) conditions
PMB medicine	Unlimited
Cancer treatment	PMB - unlimited Non-PMB - R476 700 per family
Mental health (psychiatric treatment)	R42 100 per person to a maximum of R58 400 per family
Health-essential functional prostheses	 R73 800 per person Intra-ocular lenses - R4 900 per lens, two lenses per person Hip, knee, and shoulder replacement - non-PMB cases are limited to replacements caused by an acute injury Hip, knee, and shoulder replacements due to wear and tear - a R23 400 benefit applies to the hospital account and prosthesis components (combined) per admission. Hip and knee replacements are subject a DSP if the patient qualifies in terms of clinical criteria.
Other prostheses	EVARS prosthesis – R155 600 per person Vascular/cardiac prosthesis – R66 500 per person Prosthesis with reconstructive or restorative surgery and external breast prostheses – R11 300 per family Implantable hearing devices (including device and components) – R309 700 per person
Organ transplants	PMB – unlimited Cornea implants – R34 200 per implant
Palliative care	R29 900 per family
Other core benefits	Including renal dialysis, prostatectomy, oxygen, hospice, subacute care, and private nursing services as an alternative to hospitalisation

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Medihelp is an authorised financial services provider (FSP No 15738)

Med**Move!**

Redical Aid in Action

MedMove! accompanies you when you take the first steps on your career path. The plan provides cover for health essentials such as private hospitalisation and emergency medical services through quality networks. You also have access to virtual and in-person doctors' consultations and medicine, and a selection of other medical services.

At **R1 476** per month

Reasons to choose Medihelp

Experienced

We've stood the test of time for over a century.

Involved

As a self-administered scheme, we are personally involved and manage your membership with great care.

Trusted

Day-to-day benefits		Doctors' visits and virtual consultations Cover for medicine Dental check-ups and eye tests Physiotherapy consults Post-hospital benefit to help you recover after hospitalisation Contraceptive benefits
Added insured benefits	-	- Cover for health tests and screenings - Flu vaccination
Core benefits		 Unlimited benefits for hospitalisation at private network hospitals Full trauma and emergency medical cover Full cover for 271 PMB conditions and PMB chronic medicine Specialised radiology benefit
Contributions	•	Pay only R1 476 per month

Main member	O R1 476
Dependant	O R1 476
Child dependant <26 years	R1 476

Day-to-day benefits

Network virtual GP consultations during nurse visits	Unlimited Member pays the first R126 per virtual network GP consultation (no co-payment for nurse visits)
Network GP consultations	Member pays the first R126 per visit (visit 1-10 only) 11th visit onward - only listed conditions (R126 co-payment for visits not applicable) Authorisation required after the sixth visit
Specialist consultations (PMB only)	Unlimited at network specialists
Physiotherapy	Member pays the first R126 per visit Two visits per family
Self-medication	R100 per event, up to R490 per family
Acute medicine, standard radiology and pathology (Ampath, Lancet, and PathCare Vermaak)	R1 650 per family
Radiography	R1 200 per family
Eye test (PPN network)	One consultation per person per 24-month cycle Member pays the first R110 per consultation
Dental check-up (DRC network)	One routine check-up Member pays the first R110 per consultation
Post-hospital care for speech therapy, occupational therapy, and physiotherapy	R2 200 per member and R3 150 per family

Added insured benefits

Medical Aid in Action

These benefits are provided in addition to your insured day-to-day benefits. They are activated when you register on HealthPrint, Medihelp's free wellness programme for members, on the Member Zone. Your health screening results from Dis-Chem or Clicks will automatically upload to your health record on HealthPrint.

Health screening tests	 One combo health screening (blood glucose, cholesterol, BMI, and blood pressure measurement) or an individual test (blood glucose or cholesterol) HIV testing, counselling, and support
Preventive care benefits	A flu vaccineA Pap smear every three years
Contraceptives	 Oral/injectable/implantable contraceptives - R105 per month, up to R1 350 per year Intra-uterine device - R1 850 every 60 months
Supporting wellness	Cancer programmeHIV/Aids programme

Core benefits

In-hospital treatment and life-essential services (insured benefits)

Hospitalisation	No overall annual limit Network hospitals Day procedure network applies to all day procedures Member pays a R1 650 co-payment (PMB admission excluded)
Neonatal hospitalisation	R51 000 per family
Trauma that necessitates hospitalisation	Unlimited
Childbirth	PMB – unlimited
Specialised radiology	 MRI and CT imaging R13 000 per family (co-payment applies) Angiography PMB - unlimited
Standard radiology, pathology (Ampath, Lancet, and PathCare Vermaak) and medical technologist services	Unlimited when admitted to a network hospital
Emergency transport (Netcare 911)	Unlimited (Country of residence: RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia, and Botswana)
Treatment of life-threatening conditions	Unlimited Includes 271 PMB and 26 Chronic Diseases List (CDL) conditions
PMB medicine	Unlimited
Oxygen	PMB – unlimited
Mental health (psychiatric treatment)	PMB – unlimited
Cancer treatment	PMB – unlimited
Organ transplants	PMB – unlimited
Palliative care	R19 800 per family
Other core benefits	Including renal dialysis, hospice, subacute care, and private nursing services as an alternative to hospitalisation

Important

This is only a summary of the available benefits and co-payments that may apply to certain benefits. Please consult the registered Rules of Medihelp and your plans brochure for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care.



⊅ Med**Plus**

Medihelp's top-of-the-range plan offers the most extensive cover for medical emergencies, private hospitalisation, and preventative care. It also makes substantial provision for acute and chronic medicine, radiology, pathology, and other day-to-day medical expenses.

From R12 792 per month

Reasons to choose Medihelp

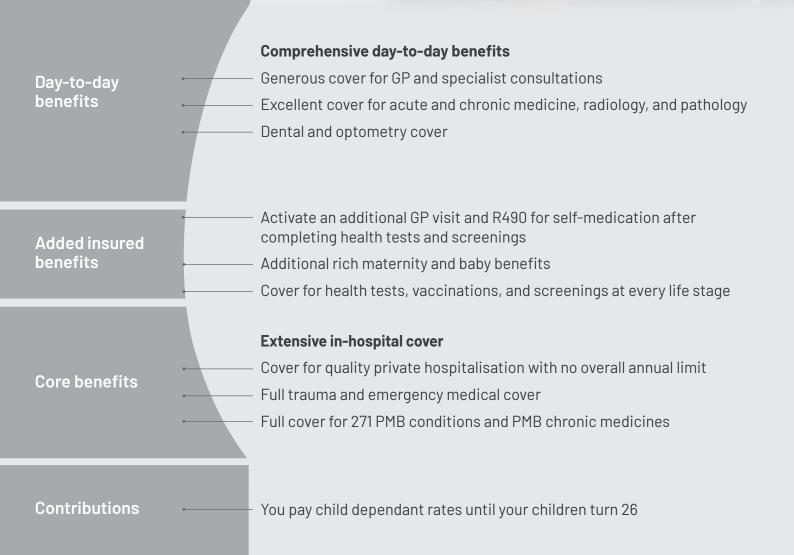
Experienced

We've stood the test of time for over a century.

Involved

As a self-administered scheme, we are personally involved and manage your membership with great care.

Trusted





Main member	\bigcirc	R12 792
Dependant	$\stackrel{O}{\frown}$	R12 792
Child dependant <26 years	0	R3 192

Children pay child dependant rates until they turn 26

Day-to-day benefits

GP and specialist visits, virtual consultations, physiotherapy, clinical psychology, psychiatric nursing, and supplementary health services	R4 300 per person (pooled per family)
Acute medicine	R7 850 per person (pooled per family)
Non-PMB chronic medicine	R22 000 per person
External prostheses and medical appliances	Per person per three-year cycle • Artificial eyes - R18 900 • Speech and hearing aids - R18 900 • Wheelchairs - R10 200 • Artificial limbs - R10 200 • Wigs - R2 200
	CPAP apparatus - R11 400 per person per two-year cycle
	Medical appliances and hyperbaric oxygen treatment – R2 200 per person
Optometry (PPN network)	Per person per 24-month cycle • R1 080 for a frame/lens enhancements • R1 780 for contact lenses
Conservative dentistry (DRC network)	Routine check-ups, fillings, X-rays, and oral hygiene
Specialised dentistry (DRC network)	Crowns, implants, bridges, and orthodontic treatment
Standard radiology	Unlimited
Radiography	R1 250 per family
Pathology (Ampath, Lancet, and PathCare Vermaak)	Unlimited
Care extender benefit	
One additional GP consultation	Activates for the family once we've paid the first claim for a specified health test* from your added insured benefits
R490 for self-medication dispensed at a network pharmacy	Activates for the family once we've paid the first claim for a combo health screening** from your added insured benefits

Important

This is only a summary of the available benefits and co-payments that may apply to certain benefits. Please consult the registered Rules of Medihelp and your plan's brochure for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care.

Added insured benefits

Medihelp provides these benefits on top of your insured day-to-day benefits. You can activate them when you register on HealthPrint, Medihelp's free wellness programme for members, on the Member Zone. Your health screening results from Dis-Chem or Clicks will automatically upload to your health record on HealthPrint.

Maternity benefits	 Ten antenatal and postnatal consultations at a midwife/GP/ gynaecologist Two antenatal and postnatal consultations at a dietician/ lactation specialist/antenatal classes Two 2D ultrasound scans Nine months' antenatal iron supplements Nine months' antenatal folic acid supplements
Babies <2 years	Two consultations at a paediatrician/GP/ear, nose, and throat specialist
Child immunisation	Standard immunisation up to seven years
Health screenings	 One combo health screening (blood glucose, cholesterol, BMI, and blood pressure measurement)** or an individual test (blood glucose or cholesterol) HIV testing, counselling, and support
Preventive care benefits	 A tetanus vaccine A flu vaccine A mammogram* every two years A Pap smear* every three years A prostate test* A Pneumovax vaccine An FOBT test* A bone mineral density test* every two years Two HPV vaccinations for girls and boys between 10-14 years or three between 15-26 years
Contraceptives	 Oral/injectable/implantable contraceptives - R178 per month, up to R2 300 per year Intra-uterine device - R2 700 every 60 months
Supporting wellness	 Back treatment at a Documentation Based Care facility (a prerequisite for spinal column surgery) One dietician consultation if BMI is >30

Core benefits

In-hospital treatment and life-essential services (insured benefits)

Hospitalisation	No overall annual limit Any private hospital, and day procedure facilities apply for certain day procedures
Refractive surgery	Unlimited
Trauma that necessitates hospitalisation	Unlimited
Childbirth	 In hospital – unlimited Home delivery – R15 600 per event
Specialised radiology	 Angiography, MRI and CT imaging - unlimited PET scans - R26 200 per case
Post-hospital care for speech therapy, occupational therapy, and physiotherapy	R2 200 per member and R3 150 per family
Emergency transport (Netcare 911)	 In country of residence Unlimited (RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia, and Botswana) Outside country of residence R2 400 for road transport and R16 100 for air transport
Treatment of life-threatening conditions	Unlimited Includes 271 PMB and 26 Chronic Diseases List (CDL) conditions
PMB medicine	Unlimited
Cancer treatment	Unlimited
Mental health (psychiatric treatment)	R51400 per person to a maximum of R69 900 per family
Health-essential functional prostheses	R73 800 per person • Intra-ocular lenses - R4 900 per lens, two lenses per person • Hip, knee, and shoulder replacement - PMB and non-PMB
Other prostheses	 EVARS prosthesis - R155 600 per person Vascular/cardiac prosthesis - R66 500 per person Prosthesis with reconstructive or restorative surgery and external breast prostheses - R11 300 per family Implantable hearing devices (including device and components) - R320 200 per person
Organ transplants	PMB only – unlimited Cornea implants – R34 200 per implant Bone marrow/stem cell transplants – R376 900 per person
Palliative care	R32 200 per family
Other core benefits	Including renal dialysis, prostatectomy, oxygen, hospice, subacute care, and private nursing services as an alternative to hospitalisation

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Medical Aid in Action

Medihelp is an authorised financial services provider (FSP No 15738)

And Prime

Apart from private hospitalisation, you get excellent cover for out-ofhospital services through a savings account and insured pooled benefits, as well as comprehensive separate dental and optometry benefits. Pay less for MedPrime Elect, the network alternative of this plan.

From R3 918 per month



Reasons to choose Medihelp

Experienced

We've stood the test of time for over a century.

Involved

As a self-administered scheme, we are personally involved and manage your membership with great care.

Trusted

Day-to-day benefits	 Comprehensive day-to-day benefits A 10% savings account is available at the beginning of each year Immediate day-to-day cover once you've depleted your savings - no self-funding gap An additional large pooled insured benefit block for the family to use for doctors' visits and medicine Separate comprehensive dental and optometry cover
Added insured benefits	 Activate an additional GP visit and R490 for self-medication after completing health tests and screenings Additional comprehensive maternity and baby benefits Cover for health tests, vaccinations, and screenings in every life stage
Core benefits	Extensive in-hospital cover Cover for quality private hospitalisation with no overall annual limit Full cover for 271 PMB conditions and PMB chronic medicine Excellent cover for specialised radiology and post-hospital care Cover for emergency conditions and transport
Contributions	 Family contributions Pay less when you choose MedPrime Elect, the network alternative of this plan You pay for only two children younger than 18 years You pay child dependant rates for children until they turn 26 years

		MedPrime Elect	MedPrime
Main member	$\stackrel{O}{\frown}$	R3 918 (R390 savings contribution included per month and R4 680 per year)	R4 782 (R480 savings contribution included per month and R5 760 per year)
Dependant	$\stackrel{O}{\frown}$	R3 306 (R330 savings contribution included per month and R3 960 per year)	R4 044 (R402 savings contribution included per month and R4 824 per year)
Child dependant <26 years	0	R1 140 (R114 savings contribution included per month and R1 368 per year)	R1 398 (R138 savings contribution included per month and R1 656 per year)
Pay for only two children under the age of 18 and pay child dependant rates until they turn 26			

Added insured benefits

Medihelp provides these benefits on top of your insured day-to-day benefits. You can activate them when you register for HealthPrint, Medihelps free wellness programme for members, on the Member Zone. Your health screening results from Dis-Chem or Clicks will automatically upload to your health record on HealthPrint.

Maternity benefits	 Ten antenatal and postnatal consultations at a midwife/GP/gynaecologist Two antenatal and postnatal consultations at a dietician/lactation specialist/antenatal classes Two 2D ultrasound scans Nine months' antenatal iron supplements Nine months' antenatal folic acid supplements
Babies <2 years	Two consultations at a paediatrician/GP/ear, nose, and throat specialist
Child immunisation	Standard immunisation up to seven years
Health screening tests	 One combo health screening (blood glucose, cholesterol, BMI, and blood pressure measurement)** or an individual test (blood glucose or cholesterol) HIV testing, counselling, and support
Preventive care benefits	 A tetanus vaccine A flu vaccine A mammogram* every two years A Pap smear* every three years A prostate test* A Pneumovax vaccine An FOBT test* A bone mineral density test* every two years Two HPV vaccinations for girls and boys between 10-14 years or three between 15-26 years
Contraceptives	 Oral/injectable/implantable contraceptives - R170 per month, up to R2 250 per year Intra-uterine device - R2 600 every 60 months
Supporting wellness	 Back treatment at a Documentation Based Care facility (a prerequisite for spinal column surgery) One dietician consultation if BMI is >30

Core benefits

In-hospital treatment and life-essential services (insured benefits)

Hospitalisation	No overall annual limit MedPrime: Any private hospital, and day procedure facilities apply for certain day procedures MedPrime Elect: Network hospitals, and network day procedure facilities apply for certain day procedures
Refractive surgery	R13 700 per family (beneficiaries 18 to 50 years)
Trauma that necessitates hospitalisation	Unlimited
Childbirth	 In hospital - unlimited Home delivery - R15 600 per event
Specialised radiology	Angiography, MRI, and CT imaging – unlimited
Post-hospital care for speech therapy, occupational therapy, and physiotherapy	R2 200 per member and R3 150 per family
Emergency transport (Netcare 911)	 In country of residence Unlimited (RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia, and Botswana) Outside country of residence R2 400 for road transport and R16 100 for air transport
Treatment of life-threatening conditions	Unlimited Includes 271 PMB and 26 Chronic Diseases List (CDL) conditions
PMB medicine	Unlimited
Cancer treatment	PMB – unlimited Non-PMB – R313 900 per family
Mental health (psychiatric treatment)	R34 700 per person to a maximum of R46 800 per family
Health-essential functional prostheses	 R73 800 per person Intra-ocular lenses - R4 900 per lens, two lenses per person Hip, knee, and shoulder replacements - non-PMB cases are limited to replacements caused by an acute injury
Other prostheses	 EVARS prosthesis - R155 600 per person Vascular/cardiac prosthesis - R66 500 per person Prosthesis with reconstructive or restorative surgery and external breast prostheses - R11 300 per family
	Implantable hearing devices (including device and components) - R286 600 per person
Organ transplants	
Organ transplants Palliative care	R286 600 per person PMB - unlimited

Day-to-day benefits

Savings account	10% savings available at the beginning of the year (see monthly contributions) Example of savings: MedPrime Elect: Member = R4 680 per year Member + dependant = R8 640 per year Member + dependant + child = R10 008 per year MedPrime: Member = R5 760 per year Member + dependant = R10 584 per year Member + dependant + child = R12 240 per year Unused savings are carried over to the next year and accumulate interest. Once your savings are depleted, insured day-to-day benefits become available.
GPs and specialists, clinical psychology, physiotherapy, supplementary health services, acute medicine, non-PMB chronic medicine, standard radiology, and pathology (Ampath, Lancet, and PathCare Vermaak)	Available after depletion of savings account Member = R6 900 Family = R12 700
Optometry (PPN network)	Per person per 24-month cycle • Eye test • R865 for a frame/lens enhancements • R1270 for contact lenses
Conservative dentistry (DRC network)	Routine check-ups, fillings, X-rays, and oral hygiene
Specialised dentistry (DRC network)	Crowns, bridges, and orthodontic treatment
External prostheses and medical appliances	Per family per three-year cycle • Artificial eyes - R5 450 • Speech and hearing aids - R5 450 • Wheelchairs - R5 450 • Artificial limbs - R5 450
	CPAP apparatus - R11 400 per person per two-year cycle
	Medical appliances and hyperbaric oxygen treatment – R1 550 per family
Radiography	R1 250 per family
Care extender benefit	
One additional GP consultation	Activates for the family once we've paid the first claim for a specified health test* from your added insured benefits
R490 for self-medication dispensed at a network pharmacy	Activates for the family once we've paid the first claim for a combo health screening** from your added insured benefits

Important

This is only a summary of the available benefits and co-payments that may apply to certain benefits. Please consult the registered Rules of Medihelp and your plan's brochure for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care.

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⊡ Med**Saver**

MedSaver provides for private hospitalisation at any hospital, while the 25% savings account covers medical expenses incurred out of hospital. Once savings are depleted, additional out-of-hospital cover is unlocked.

From R3 516 per month

Reasons to choose Medihelp

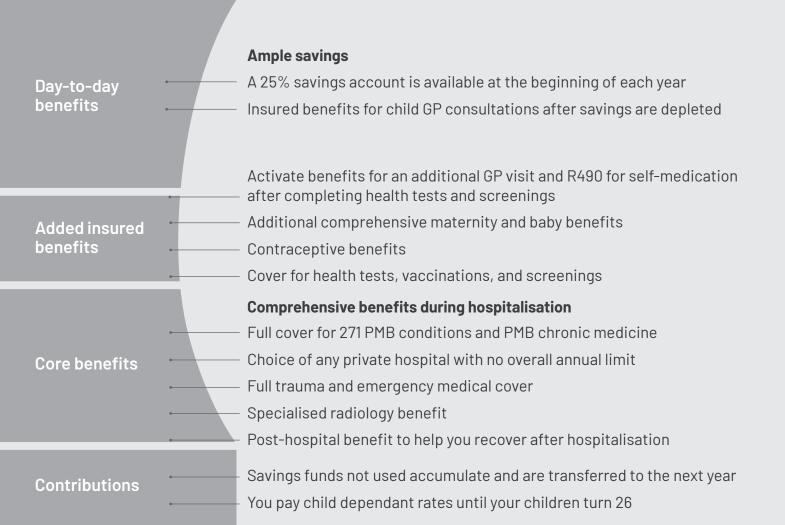
Experienced

We've stood the test of time for over a century.

Involved

As a self-administered scheme, we are personally involved and manage your membership with great care.

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Main member	O R3 516 (R876 savings contribution included per month and R10 512 per year)	
Dependant	O R2 892 (R720 savings contribution included per month and R8 640 per year)	
Child dependant <26 years	 R1 080 (R270 savings contribution included per month and R3 240 per year) 	

Children pay child dependant rates until they turn 26

Day-to-day benefits

	25% savings available at the beginning of the year (see monthly contributions)
Savings account	Example of available savings: Member = R10 512 per year Member + dependant = R19 152 per year Member + dependant + child = R22 392 per year
	Unused savings are carried over to the next year and accumulate interest. Once your savings are depleted, insured day-to-day benefits become available.
Additional child benefit	R1 200 per family, after savings are depleted (GP consultations for children ≥2 to ≤12 years)
Radiography	R1 250 per family
Dentistry (DRC network)	Removal of impacted teeth in the dentist's chair
Care extender benefit	
One additional GP consultation	Activates for the family once we've paid the first claim for a specified health test* from your added insured benefits

Added insured benefits

Medihelp provides these benefits on top of your insured day-to-day benefits. You can activate them when you register on HealthPrint, Medihelp's free wellness programme for members, on the Member Zone. Your health screening results from Dis-Chem or Clicks will automatically upload to your health record on HealthPrint.

Maternity benefits	 Ten antenatal and postnatal consultations at a midwife/GP/gynaecologist Two antenatal and postnatal consultations at a dietician/lactation specialist/antenatal classes Two 2D ultrasound scans 	
Babies <2 years	Two consultations at a paediatrician/GP/ear, nose, and throat specialist	
Child immunisation	Standard immunisation up to seven years	
Health screening tests	 One combo health screening (blood glucose, cholesterol, BMI, and blood pressure measurement)** or an individual test (blood glucose or cholesterol) HIV testing, counselling, and support 	
Preventive care benefits	 A tetanus vaccine A flu vaccine A mammogram* every two years A Pap smear* every three years A prostate test* A Pneumovax vaccine An FOBT test* A bone mineral density test* every two years Two HPV vaccinations for girls and boys between 10-14 years or three between 15-26 years 	
Contraceptives	 Oral/injectable/implantable contraceptives – R160 per month, up to R2 100 per year Intra-uterine device – R2 500 every 60 months 	
Supporting wellness	 Back treatment at a Documentation Based Care facility (a prerequisite for spinal column surgery) One dietician consultation if BMI is >30 HIV programme 	

Core benefits

In-hospital treatment and life-essential services (insured benefits)

Hospitalisation	 No overall annual limit Any private hospital, and day procedure facilities apply for certain day procedures
Trauma that necessitates hospitalisation	Unlimited
Childbirth	 In hospital - unlimited Home delivery - R15 600 per event
Specialised radiology	Angiography, MRI, and CT imaging – unlimited
Post-hospital care for speech therapy, occupational therapy and physiotherapy	R2 200 per member and R3 150 per family
Emergency transport (Netcare 911)	 In country of residence Unlimited (RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia, and Botswana) Outside country of residence R2 400 for road transport and R16 100 for air transport
Treatment of life-threatening conditions	Unlimited Includes 271 PMB and 26 Chronic Diseases List (CDL) conditions
PMB medicine	Unlimited
Cancer treatment	 PMB - unlimited Non-PMB - R275 100 per family
Mental health (psychiatric treatment)	R28 900 per person to a maximum of R39 900 per family
Health-essential functional prostheses	 R73 800 per person Intra-ocular lenses - R4 900 per lens, two lenses per person Hip, knee and, shoulder replacement - non-PMB cases are limited to replacements caused by an acute injury
Other prostheses	 EVARS prosthesis - R155 600 per person Vascular/cardiac prosthesis - R66 500 per person Prosthesis with reconstructive or restorative surgery R11 300 per family
Organ transplants	PMB only – unlimited Cornea implants – R34 200 per implant
Palliative care	R25 200 per family
Other core benefits	Including renal dialysis, oxygen, hospice, subacute care, and private nursing services as an alternative to hospitalisation

Important

This is only a summary of the available benefits and co-payments that may apply to certain benefits. Please consult the registered Rules of Medihelp and your plan's brochure for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care.



ு Med**Vital**

MedVital is an affordable healthcare solution that offers cover for minor medical expenses, private hospitalisation, and emergency medical services. Pay less for MedVital Elect, the network alternative of this plan.

From R2 022 per month



Reasons to choose Medihelp

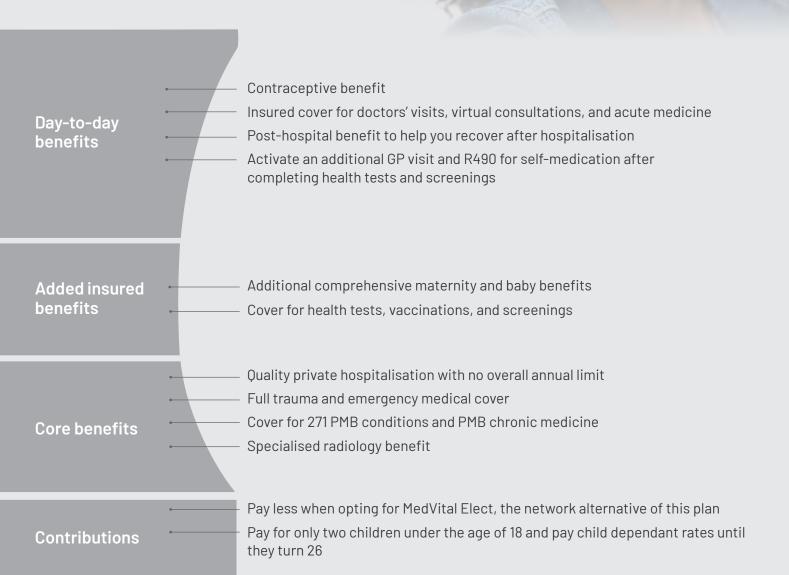
Experienced

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Involved

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		MedVital Elect	MedVital
Main member	$\stackrel{O}{\frown}$	R2 022	R2 598
Dependant	0	R1 470	R1 998
Child dependant <26 years	0	R852	R894

Pay for only two children under the age of 18 and pay child dependant rates until they turn $26\,$

Day-to-day benefits

Consultations, acute medicine, immunisations, physiotherapy and visits to emergency units MedVital Elect - GP network and specialist referrals by a network GP apply	Member = R1450 Family = R2 800	
Radiography	R1 250 per family	
Dentistry (DRC network)	Removal of impacted teeth in the dentist's chair	
Care extender benefit		
One additional GP consultation	Activates for the family once we've paid the first claim for a specified health test* from your added insured benefits	
R490 for self-medication dispensed at a network pharmacy	Activates for the family once we've paid the first claim for a combo health screening** from your added insured benefits	

Added insured benefits

Medihelp provides these benefits on top of your insured day-to-day benefits. You can activate them when you register on HealthPrint, Medihelp's free wellness programme for members, on the Member Zone. Your health screening results from Dis-Chem or Clicks will automatically upload to your health record on HealthPrint.

Maternity benefits	 Ten antenatal and postnatal consultations at a midwife/GP/gynaecologist Two antenatal and postnatal consultations at a dietician/lactation specialist/antenatal classes Two 2D ultrasound scans 	
Babies <2 years	Two consultations at a paediatrician/GP/ear, nose, and throat specialist	
Child immunisation	Standard immunisation up to seven years	
Health screening tests	 One combo health screening (blood glucose, cholesterol, BMI, and blood pressure measurement)** or an individual test (blood glucose or cholesterol) HIV testing, counselling, and support 	
Preventive care benefits	 A tetanus vaccine A flu vaccine A mammogram* every two years A Pap smear* every three years A prostate test* A Pneumovax vaccine An FOBT test* A bone mineral density test* every two years Two HPV vaccinations for girls and boys between 10-14 years or three between 15-26 years 	
Contraceptives	 Oral/injectable/implantable contraceptives - R150 per month, up to R2 000 per year Intra-uterine device - R2 250 every 60 months 	
Supporting wellness	 Back treatment at a Document-based Care facility (a prerequisite for spinal column surgery) One dietician consultation if BMI is >30 	

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Core benefits	
In-hospital treatment and life-essential s	e

In-hospital treatment and life-essential services (insured benefits)		
Hospitalisation	No overall annual limit MedVital: Any private hospital, and day procedure facilities apply for certain day procedures MedVital Elect: Network hospitals, and network day procedure facilities apply for certain day procedures	
Trauma that necessitates hospitalisation	Unlimited	
Childbirth	 In hospital - unlimited Home delivery - R15 600 per event 	
Specialised radiology	Angiography, MRI, and CT imaging – unlimited	
Post-hospital care for speech therapy, occupational therapy and physiotherapy	R2 200 per member and R3 150 per family	
Emergency transport (Netcare 911)	 In country of residence Unlimited (RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia, and Botswana) Outside country of residence R2 400 for road transport and R16 100 for air transport 	
Treatment of life- threatening conditions	Unlimited Includes 271 PMB and 26 Chronic Diseases List (CDL) conditions	
PMB medicine	Unlimited	
Cancer treatment	 PMB - unlimited Non-PMB - R254 100 per family 	
Mental health (psychiatric treatment)	R22 800 per person to a maximum of R34 700 per family	
Health-essential functional prostheses	 R27 500 per person Intra-ocular lenses - R4 900 per lens, two lenses per person Hip, knee and shoulder replacement - non-PMB cases are limited to replacements caused by an acute injury 	
Other prostheses	 EVARS prosthesis - R41 300 per person Vascular/cardiac prosthesis - R41 300 per person Prosthesis with reconstructive or restorative surgery - R5 000 per family 	
Organ transplants	PMB only – unlimited Cornea implants – R34 200 per implant	
Palliative care	R22 800 per family	
Other core benefits	Including renal dialysis, oxygen, hospice, subacute care, and private nursing services as an alternative to hospitalisation	

Important

This is only a summary of the available benefits and co-payments that may apply to certain benefits. Please consult the registered Rules of Medihelp and your plan's brochure for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care.

